

Coffees:

Americano - with hot or cold milk

Cappuccino - single espresso, hot milk & foam

Cafetière for one

Latte - hot milk with a single shot of espresso

Flavoured latte:

choose from caramel, hazelnut or vanilla

Espresso

classic continental short

Decaffeinated

Liqueur coffee:

filter with shot of liqueur, floating cream

Hot chocolate with cream

Deluxe hot chocolate

with cream, marshmallow & chocolate flake

Mocha - hot milk, espresso & a shot of chocolate

Pot of bagged Tea or

loose tea:

Royal Oak Breakfast Earl Grey Blue Flowers

Darjeeling TGFOP Green Dragon

Jasmine with Flowers Peppermint Willamette

Sandwiches

choice of locally baked white or granary bread

Egg mayonnaise £6.5

Welsh cheddar & tomato chutney £6.5

Home-baked ham with piccalilli £6.95

Tuna mayo, red onion, cracked pepper £6.25

Roast Welsh Beef & mustard mayo £6.95

Prawn, Marie Rose sauce £6.95

Hot Breads

Welsh rarebit bloomer £6.95

Welsh rarebit & Llanrwst bacon bloomer £7.95

Fillet steak ciabatta £10.95
red onion relish

Bacon, mozzarella, tomato chilli jam panini £7.25

BBQ chicken melt panini £7.5

Breakfast bloomer (available until 11.30am) £6.95
bacon & egg
or sausage & egg

Wraps

Spiced chicken & pepper fajita £7.95

Tofu, hoi sin, spring onion
& cucumber **Vegan** £7.5

Breaded cod goujon, leaves, tartare sauce
£7.95

Signature snacks

Pork pie & pickle platter £6.95

Metcalfe's award winning pork pie with our own pickles

Superfood salad £9.50

roast squash, quinoa, lentils, green beans,
beetroot, pumpkin seeds, pomegranate,
mixed leaves, dressing

Avocado Bloomer £8.95

with free range egg & chilli flakes
add smoked salmon £3

Chicken Caesar Salad £12.95

gem lettuce, anchovies, croutons
parmesan, Caesar dressing

Sweet Stuff

Royal Oak fruit scone with jam £2.95

Homemade flapjack £2.25

Welsh cakes £1.95

Fruit & nut granola bar (GF) £2.50

Fruit scone, jam and clotted cream £3.8

Tandderwen toasted tea cake with jam £2.45

Bara Brith £2.75

Sam's chocolate tiffin £2.5

Lemon curd sponge cake £3.75

Chocolate & orange cake (GF) £3.75

Welsh Cream Tea £7.75pp

homemade fruit scone with jam & clotted cream,
Welsh cake & pot of loose leaf tea for one